

WALTON MK FC COVID-19 RISK ASSESSMENT AND SAFETY GUIDELINES



WALTON MK FC COVID-19 RISK ASSESSMENT				
Assessment Ref:-	RACVID01	Assessment Date:-	2 nd June 2020	
Assessor:-	Gareth Clarke	Re-assessment Date:-	1 st July 2020	
Activity:-	Team training sessions			
Persons at risk throughout the assessments are classified in categories as follows				
Category 1	Category 2	Category 3	Category 4	Category 5
Players	Coaches	Parents/Guardian	Members of Public	Vulnerable groups Elderly, Pregnant workers, those with existing underlying health conditions

Ref	Hazard	Persons At Risk	Risk	Risk before applying control measures			Control Measures	Risk after applying control measures		
				Likelihood	Severity	Rating		Likelihood	Severity	Rating
1	Transmission to others of COVID-19 (Coronavirus)	1,2,3,4,5	Transmission of the COVID-19 (Coronavirus) to others through contact or infection of surfaces	3	4	12	<ul style="list-style-type: none"> • If any player, coach, parent or guardian believe they or a member if their household have any symptoms, as detailed by the Department of Health and Social Care and Public Health England, they must: <ul style="list-style-type: none"> ▪ Not attend a training session ▪ Follow the self-isolation guidelines issued by Public Health England 	1	4	4
2	People who are clinically extremely vulnerable from COVID-19 (Coronavirus)	5	Transmission of the COVID-19 (Coronavirus) to those in a "high risk" category as defined by the government and in need of special "shielding" arrangements	3	5	15	<ul style="list-style-type: none"> • People who are clinically extremely vulnerable should have received a letter telling them they are in this group or been told by their GP. • Any player, coach, parent or guardian who has been told that they are clinically extremely vulnerable must not attend a training session and should follow the shielding advice and stay at home until advised by Public Health England 	1	5	5
3	People who are clinically vulnerable from COVID-19 (Coronavirus)	5	Transmission of the COVID-19 (Coronavirus) to those in a higher risk of severe illness as defined by the government	3	5	15	<ul style="list-style-type: none"> • Any player, coach, parent or guardian who has health conditions, as listed in the clinically vulnerable people category, should follow the guidance issued by Public Health England 	1	5	5

4	Contact with persons infected with COVID-19 (Coronavirus).	1,2,3,4,5	Transmission of the COVID-19 (Coronavirus) by the inhalation of water droplets. (People coughing and direct contact).	2	4	8	<ul style="list-style-type: none"> At all times the Walton MK FC COVID-19 Safety Guidelines must be observed and enforced Maximum of 6 people (including coach) per training group Maximum of 1 parent or guardian per player to attend training session All players, coaches, parents and guardians must remain at least 2m from each other, wherever possible. All players, coaches, parents and guardians must wash hands before and after training and regularly during with soap and water or if not available, a hand sanitiser Do not shake hands with any other person Physical contact with anyone outside of your household is not permitted, therefore playing of any games (small-sided or full) is also not permitted at this time Follow sensible respiratory hygiene, for example, cover your mouth and nose when coughing or sneezing, use tissues and throw them away after single use, and wash your hands or use a hand sanitiser every time you touch your mouth or nose Where more than one training group or team are sharing a facility start times must be staggered to reduce congestion in the car park and entrance to facilities. Where practical, physical barriers such as cones and tape can assist in keeping the training area clear of other people Report any concerns about the health of a person to the coach or committee member 	1	4	4
5	Contact with equipment infected with COVID-19 (Coronavirus).	1,2,3,4,5	Transmission of the COVID-19 (Coronavirus) by hand contact with the face, eyes, nose or mouth.	2	4	8	<ul style="list-style-type: none"> At all times the Walton MK FC COVID-19 Safety Guidelines must be observed and enforced All players, coaches, parents and guardians must wash hands before and after training and regularly during with soap and water or if not available, a hand sanitiser All players, coaches, parents and guardians must follow sensible respiratory hygiene, for example, cover your mouth and nose when coughing or sneezing, use tissues and throw them away after single use, and wash your hands or use a hand sanitiser every time you touch your mouth or nose. Avoid touching your face, eyes, nose or mouth with unwashed hands Sharing of equipment should be kept to a minimum and strong hand hygiene practices should be in place before and after All shared equipment must be cleaned in between users 	1	4	4
6	Becoming unwell while on-site	1,2,3,4,5	High risk of transmission of the COVID-19 (Coronavirus)	4	4	16	<ul style="list-style-type: none"> If any player, coach, parent or guardian becomes unwell with COVID-19 (Coronavirus) symptoms (a new, continuous cough or a high temperature) during the training session they must: <ul style="list-style-type: none"> Leave site immediately Inform their team coach or manager Follow Department of Health and Social Care and Public Health England advice to self-isolate All surfaces that a symptomatic person has come into contact with must be cleaned and disinfected (as per Public Health England guidelines), especially objects visibly contaminated with body fluids 	1	4	4
7	Lack of information or inaccurate information being circulated	1,2,3,4,5	The crisis is not only accompanied by a large amount of official guidance, some of which needs interpretation, but also by misinformation, rumour and "fake news" or "myths"	3	1	3	<ul style="list-style-type: none"> To ensure the safety and wellbeing of all players, coaches, parents and guardians: <ul style="list-style-type: none"> Club strategies need to be based on accurate information Club members must be given consistent and clear messages Walton MK FC Committee to monitor official advice carefully and update all procedures and guidance Ensure all players, coaches, parents and guardians are briefed and kept up to date Managers to beware of "fake news" and discourage the circulation of misinformation 	1	1	1

Likelihood		Severity	
Very Unlikely	1	Minor injury requiring 1st Aid on site	1
Unlikely	2	Moderate injury requiring 1st Aid on site (A&E)	2
Likely	3	Serious injury	3
Very Likely	4	Major injury	4
Highly Likely	5	Death	5

Low	Low Risk - Acceptable existing control, reduce risk further if reasonably practicable
Medium	Tolerable Risk - If possible redefine task or reduce risk if reasonably practicable.
High	High Risk - Stop activity & get further advice. Reduce risk.

5 Death	5	10	15	20	25
4 Major injury	4	8	12	16	20
3 Serious injury	3	6	9	12	15
2 Moderate injury requiring 1 st Aid on site (A&E)	2	4	6	8	10
1 Minor injury requiring 1 st Aid on site	1	2	3	4	5
	1 Very Unlikely	2 Unlikely	3 Likely	4 Very Likely	5 Highly Likely

WALTON MK FC COVID-19 SAFETY GUIDELINES

Prior to attending training

Key Tasks	Method / Safety Requirement	By whom
Prior to attendance	<ul style="list-style-type: none"> • All players, coaches, parents and guardians to be issued with a copy of Walton MK FC COVID-19 Risk Assessment and Safety Guidelines 	Committee and Coach/Manager
	<ul style="list-style-type: none"> • All players, coaches, parents and guardians agree to adhere to the Walton MK FC COVID-19 Risk Assessment and Safety Guidelines 	All
	<ul style="list-style-type: none"> • If any player, coach, parent or guardian are showing signs of COVID-19 (Coronavirus) or any of their household have shown symptoms, as detailed by Public Health England or they have been advised by the NHS test and trace service to self-isolate <ul style="list-style-type: none"> ▪ Do not attend training ▪ Advise your team coach or manager ▪ Follow the self-isolation guidelines issued by Public Health England 	All
	<ul style="list-style-type: none"> • If you have been identified by the NHS as clinically extremely vulnerable from COVID-19 (Coronavirus), follow the guidance issued, do not attend training 	All
	<ul style="list-style-type: none"> • When travelling to training, you should only travel with members of your own household i.e. you should not be providing a lift for anyone outside your household 	All
	<ul style="list-style-type: none"> • Before attending training please wash your hands or use a hand sanitiser 	All
	<ul style="list-style-type: none"> • Coaches/Managers to ensure arrival times have been coordinated with other teams using the same facility to reduce congestion in the car park and entrance to facilities 	Coach/Manager
	<ul style="list-style-type: none"> • Coaches/Managers to set up designated training area. This must be a sufficient distance from any other teams training area and clearly marked using cones or respect barrier 	Coach/Manager
	<ul style="list-style-type: none"> • Coaches/Managers to set up designated parent/guardian viewing area. This must be a sufficient distance from any other teams parent/guardian viewing area, clearly marked using cones or respect barrier and each parent/guardian must be at least 2m apart 	Coach/Manager
	<ul style="list-style-type: none"> • Coach/Manager to split team into training “groups” with a maximum of 6 people, including the coach/manager. Members of the same household should be kept within the same training “group” It is permissible for coaches to organise a training session that has two or more groups of six (including the coach) involved in the session, as long as the groups of six are kept separate, everyone is socially distancing and strict hygiene measures are in place with any equipment 	Coach/Manager
<ul style="list-style-type: none"> • Players to provide their own drinks bottle 	Players and Parents/Guardians	

On arrival at the training session facility

Key Tasks	Method / Safety Requirement	By whom
On arrival	<ul style="list-style-type: none"> On arrival at your training facility, please be aware of other players, coaches, parents or guardians in the area and observe 2m social distancing guidelines at all times. Avoid congregating in the car park or entrance to facilities 	All
	<ul style="list-style-type: none"> Wherever possible players should be dropped off and parents to leave the facility (this will be age dependant and only after coach/manager has obtained consent from the parents/guardian). Where players are left, the coach/manager must ensure they train in sight of another adult. For example, a parent/carer or another coach and that the ratio of coach to different age groups of children is appropriate – see download 5.5 from the FA safeguarding policy. For clarity, the additional parent/carer or coach is not included as part of the group of six but must remain in sight of the activity 	All
	<ul style="list-style-type: none"> Maximum of 1 parent or guardian per player to attend training session 	Parents/Guardians
	<ul style="list-style-type: none"> Avoid shaking hands or close contact greetings 	All
	<ul style="list-style-type: none"> Players should make their way directly to the designated training area as identified by the coach/manager 	Players
	<ul style="list-style-type: none"> All kit bags to be placed at least 2m apart 	Players
	<ul style="list-style-type: none"> Parents/Guardians should make their way directly to the designated viewing area as identified by the coach/manager 	Parents/Guardians
	<ul style="list-style-type: none"> Report any concerns about the health of a person or site to the coach/manager 	All

During the training session

Key Tasks	Method / Safety Requirement	By Whom
Training area	<ul style="list-style-type: none"> Only the training “group” to enter each designated training area at all times during the session 	All
	<ul style="list-style-type: none"> Sharing of equipment should be avoided wherever possible and where not, kept to a minimum and strong hand hygiene practices should be in place before and after. Equipment must not be shared between training “groups” 	Coaches/Managers and Players
	<ul style="list-style-type: none"> Physical contact with anyone outside of your household is not permitted, therefore playing of any games (small-sided or full) is also not permitted at this time 	Coaches/Managers and Players
	<ul style="list-style-type: none"> Where possible, remain at least 2m from all persons in the area 	Coaches/Managers and Players
Hygiene standards	<ul style="list-style-type: none"> After every task, it is advised to wash or sanitise the hands, particularly if you may have touched any equipment that has not been sanitised or shared 	Coaches/Managers and Players
	<ul style="list-style-type: none"> Follow sensible respiratory hygiene, for example, cover your mouth and nose when coughing or sneezing, use tissues and throw them away after single use, and wash your hands or use a hand sanitiser every time you touch your mouth or nose 	All
	<ul style="list-style-type: none"> Players must not share drinks 	Coaches/Managers and Players
First Aid	<ul style="list-style-type: none"> Wherever possible, the parent/guardian should attend to any injured player (thus reducing the requirement to breach 2m rule). Where this is not possible both coach/manager and player should take all necessary precautions to reduce the risk of spread of the virus <ul style="list-style-type: none"> Coach/Manager to wash hands or use hand sanitiser before attending to injured player Where possible, remain at least 2m from all persons in the area. Where, this is not possible the duration should be for as short as possible Physical contacted should be avoided as much as possible, where not possible the contact should be for as short as possible Avoid touching face, eyes, nose or mouth with unwashed hands Coach/Manager and player to wash hands or use hand sanitiser after attending to injured player 	All

Upon completion of training session

Key Tasks	Method / Safety Requirement	By Whom
Leaving the training facility	<ul style="list-style-type: none"> On leaving the training facility, please be aware of other players, coaches, parents or guardians in the area and observe 2m social distancing guidelines at all times 	All
	<ul style="list-style-type: none"> Avoid shaking hands or close contact greetings 	All
	<ul style="list-style-type: none"> Players should leave the training facility promptly and avoid congregating in the car park 	Players
	<ul style="list-style-type: none"> Parents/Guardians should leave the training facility promptly and avoid congregating in the car park 	Parents/Guardians
	<ul style="list-style-type: none"> Report any concerns about the health of a person or site to the coach/manager 	All
	<ul style="list-style-type: none"> Wash hands when you arrive home 	All
After the training session has ended	<ul style="list-style-type: none"> Training kit and any equipment should be washed after use 	All
	<ul style="list-style-type: none"> If any player, coach, parent or guardian are develop signs of COVID-19 (Coronavirus) or any of their household show symptoms, as detailed by Public Health England or they are contacted and advised by the NHS test and trace service to self-isolate <ul style="list-style-type: none"> Advise your team coach or manager 	All
	<ul style="list-style-type: none"> Follow the self-isolation guidelines issued by Public Health England 	

Additional Comments

- If any player, coach, manager, parent or guardian are not comfortable to return to training then please do not
- No player, coach or manager will be penalised if they or their parent/guardian chooses not to attend training